

## Canadian Yachting Association

### WOMEN'S NATIONAL KEELBOAT CHAMPIONSHIP

September 11 - 13, 2009

Hosted by the West Vancouver Yacht Club

## SAILING INSTRUCTIONS

### 1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2009-2012*, including the rules of the International J24 Class Association (IJ24CA) currently in effect, except as modified by instruction 1.3 below.
- 1.2. If there is a conflict between languages the English text will take precedence.
- 1.3. Under rule 87, rules(s) 3.6.1, 5.1 and 5.2 of the IJ24 CA rules are changed as follows:
  - 3.6.1 Is modified to read "except as provided in rule 6.1.7, only one mainsail, one jib, and one spinnaker shall be on board when racing. A genoa shall not be used at any time"
  - 5.1 Is modified to read "the crew shall consist of not less than three persons and not more than six persons"
  - 5.2 Shall not apply

### 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the main floor of the WVYC Clubhouse.

### 3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.

### 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the flagpole west of the WVYC Clubhouse.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

## **5. SCHEDULE OF RACES**

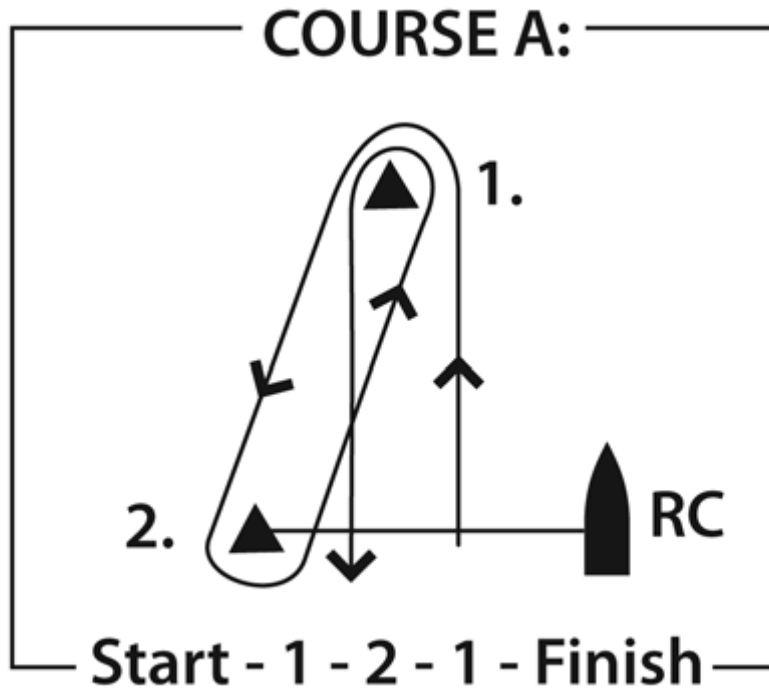
- 5.1. Seven races are scheduled. The warning signal for the first race on September 11 is scheduled to be at 1500 and the warning signal for the first race on September 12 and 13 is scheduled to be at 1000. There will be a practice race on September 11 with a warning signal at 1300.
- 5.2. After a long postponement, to alert boats that a race or sequence of races will begin soon, a Code L flag will be displayed with one sound for at least three minutes before a warning signal is displayed.
- 5.3. On Sunday September 13th no warning signal will be made after 1430.

## **6. RACING AREA**

The racing area will be in the vicinity of the West Vancouver Yacht Club, Passage Island, to the east and south of Bowen Island and Whytecliffe Park.

## 7. THE COURSES

7.1. The diagram for course A below forms part of these sailing instructions. The course diagram indicates the order and direction in which the marks are to be rounded.



## 8. MARKS

8.1. Mark 1 will be a ORANGE shape.

8.2. Mark 2 will be an ORANGE shape.

8.3. New marks, as provided in instruction 11.1, will be a RED inflatable shape.

## 9. THE START

9.1. Races will be started by using rule 26 with the warning made 5 minutes before the starting signal.

9.2. The starting line will be between a staff displaying the BLUE AND WHITE CYA RC flag on the race committee boat at the starboard end and Mark 2 (an orange inflatable shape).

9.3. A boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

## 10. SHORTENED COURSE

10.1. Should the Race Committee decide to shorten course, Code flag S shall be displayed.

10.2. Should the race be shortened to one lap, boats shall proceed through the start/finish line in the direction from the last mark. This Instruction clarifies, but does not alter, rule 32.2 (a).

## **11. CHANGE OF THE NEXT LEG OF THE COURSE**

- 11.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 11.2. Boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1.

## **12. THE FINISH**

The finishing line will be between a staff displaying a Blue and White CYA RC flag on the race committee boat and Mark 2 (an orange inflatable shape).

## **13. TIME LIMITS AND TARGET TIMES**

- 13.1. If no boat has passed Mark 1 within 45 minutes the race will be abandoned.
- 13.2. The time limit for the first boat to finish will be 1 hour 40 minutes for each race.
- 13.3. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.
- 13.4. The approximate race duration is intended to be 40 - 70 minutes. Failure to meet the target race duration time will not be grounds for redress. This changes rule 62.1(a).

## **14. PROTESTS AND REQUESTS FOR REDRESS**

- 14.1. Protest forms are available at the WVYC clubhouse office and shall be delivered to the race office by placing them in the mail tray located just outside the Sailing Director's office within the protest time limit on the day of the race. DO NOT submit to the WVYC front office mail slot.
- 14.2. The protest time limit is 45 minutes after the Race Committee boat signal docks after racing is completed for the day. The same protest time limit applies to all protests under rule 60 and to requests for redress. This changes rules 61.3 and 62.2.
- 14.3. Notices, including notices of any protests by the race committee or the protest committee to inform boats under rule 61.1(b), will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room located in the basement of the WVYC Clubhouse, beginning at the time posted in the notice.
- 14.4. On the last day of racing, a request for reopening a hearing shall be delivered
  - (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
  - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.This changes rule 66.
- 14.5. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

## **15. SCORING**

- 15.1. The Low Point System of Appendix A will apply.

- 15.2. Seven (7) races are scheduled.
- 15.3. One (1) race is required to be completed to constitute a series.
- 15.4. When fewer than five (5) races have been completed, a boat's series score will be the total of her total race scores.
- 15.5. When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## **16. SAFETY REGULATIONS**

- 16.1. Any boat that, while racing, sails between a tug and its tow will be protested, the penalty for which action shall be disqualification. The boat may be disqualified for the race or for the series at the discretion of the Protest Committee, this changes rule 64.1.
- 16.2. A boat that retires from a race shall notify the Race Committee as soon as possible.

## **17. REPLACEMENT OF CREW OR EQUIPMENT**

- 17.1. Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- 17.2. Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## **18. EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

## **19. SUPPORT BOATS AND INTERESTED OBSERVERS**

Team leaders, coaches and other support personnel, and other observers who may have any personal interest in any competing boat shall stay not less than 100 metres downwind of a line perpendicular to the wind direction and running through Mark 2 from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. The penalty for violating this instruction will apply to the boat with which the violator is associated and will be at the discretion of the protest committee; this changes rule 64.1(a).

## **20. HAUL-OUT RESTRICTIONS**

- 20.1. All boats shall be launched by 2000 on Thursday, September 10th, except with and according to the terms of written permission from the organizing authority.
- 20.2. Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

## **21. DIVING EQUIPMENT AND PLASTIC POOLS**

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

## **22. RADIO COMMUNICATION**

- 22.1. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 22.2. Race Communications will take place using VHF Channel 73. All boats shall carry a working VHF radio.

### **23. PRIZES**

- 23.1. The Canadian Yachting Association will recognize the top 5 finishers.
- 23.2. The CYA Trophy for the Canadian Women's Sailing Championship will be awarded to the top Canadian finisher.
- 23.3. Prizes will be given as soon as possible after racing on Sunday

### **24. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

### **25. INSURANCE**

- 25.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of CAD \$2 million per event or the equivalent.
- 25.2. All sailors are responsible for ensuring that they are covered by adequate liability insurance.
- 25.3. The organizing authority does not accept any responsibility for verifying that a competitor is insured.